

# The Ponds<sup>®</sup>



## ENTREES

|   |         |      |
|---|---------|------|
| Soup of the Day - served with a warm crusty bread roll (gf)                                       |         | 9.9  |
| Bread - oven baked garlic, herb or herb cheese  |         | 7.9  |
| Natural Oysters - served with fresh lemon (gf)  | ½ dozen | 16   |
|   | Dozen   | 27   |
| Oysters Kilpatrick - served with tangy BBQ,<br>worcestershire sauce topped with crispy bacon (gf) | ½ dozen | 17   |
|   | Dozen   | 29   |
| Bruschetta - tomato, kalamata olive & feta served<br>on toasted turkish bread                     |         | 12.9 |
| Trio of Dips - selection of dips served with turkish bread  |         | 16.5 |

## MAIN MEALS

|  |        |      |
|--|--------|------|
| <b>Today's Fish</b> - chef's choice of fish in a light batter<br>served with chips, salad & tartare                                |        | 24   |
| <b>Creamy Garlic Prawns</b> -succulent prawns in a delicious<br>blend of cream, white wine & garlic served on rice with salad (gf) | Entrée | 17   |
|  | Main   | 26.5 |
| <b>Calamari</b> - lemon pepper & polenta dusted on a roquette<br>salad drizzled with citrus & dill mayonnaise (gf)                 | Entrée | 16.5 |
|  | Main   | 24   |
| <b>Chicken Satay</b> - chicken tenderloins on a bed of rice with<br>peanut sauce & green salad                                     | Entrée | 16   |
|  | Main   | 23   |
| <b>Chicken or Veal Schnitzel</b> - served with chips and salad   |        | 23   |
| <b>Chicken Parmigiana</b> - whole chicken breast topped with<br>Tuscan sauce, ham & melted cheese with chips & salad               |        | 24.9 |
| <b>Caesar Salad</b> - mini coz leaves, shaved parmesan, crispy<br>bacon, croutons, eggs & our own dressing                         |        | 19.9 |
| <b>Chicken Caesar Salad</b> - Caesar salad with chicken pieces   |        | 23   |
| <b>Pork Belly</b> - served with cauliflower and parsnip puree,<br>crispy green salad & balsamic jus (gf)                           |        | 29   |
| <b>Vegetable Risotto</b> - roasted peppers, zucchini, fresh herbs<br>& toasted almonds (gf)  |        | 21   |
| <b>Arabiatte Gnocchi</b> - grilled chorizo, bacon, chilli, tomato, herbs<br>& a touch of cream                                     |        | 23   |

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|   |      |
|---|------|
| <b>Vegetable Frittata</b> - served with crispy salad and French dressing (gf)   | 22   |
| <b>Seafood Fettuccini</b> - finished with capers, red onion, herbs & olive oil  | 27   |
| <b>Thai Chicken Curry</b> - fresh chicken breast pieces, fragrant rice finished with crisp Asian salad (gf)               | 27   |
| <b>Oven Baked Salmon</b> - served on stir fry greens, rice pilaf with lemon sauce (gf)                                    | 27.5 |
| <b>Lamb Shank</b> - oven baked lamb shank, mash potato and ratatouille (roasted root vegetables) finished with tomato jus | 27   |
| <b>300g Sirloin</b> - served with chips & salad (gf)  | 31   |
| <b>300g Sirloin (Surf &amp; Turf)</b> - topped with creamy garlic prawns, served with chips & salad (gf)                  | 35   |
| <b>300g Rump</b> - served with scalloped potato & seasonal vegetables (gf)  | 30.5 |

(gf) = can be made Gluten Free. Please let us know.

## SIDES

|   |   |
|---|---|
| Mash, vegetables, chips / wedges, salad or scallop potato | 6 |
|---|---|

## SAUCES

|   |   |
|---|---|
| Gravy, pepper, red wine, mushroom, sour cream, sweet chilli & garlic butter | 1 |
| Surf & Turf   | 4 |

## CHILDREN MEALS UNDER 12YEARS

### Snacks

|                               |     |
|-------------------------------|-----|
| Potato wedges with sour cream | 5.9 |
| Chips with tomato sauce       | 5.9 |

### Mains

|                                   |     |
|-----------------------------------|-----|
| Battered fish & chips             | 7.9 |
| Soup of the day with a bread roll | 5.9 |
| Mini Pizza Hawaiian               | 7.9 |
| Spaghetti                         | 7.9 |
| Chicken nuggets & chips           | 7.9 |
| Side plate of vegetables          | 5.5 |

### Desserts

|  |     |
|--|-----|
| Chocolate Mousse   | 5.5 |
| Frog in the pond   | 5.5 |
| Ice-cream sundae with choice of strawberry, caramel or chocolate topping | 5.5 |
| Apple strudel served with ice-cream                                      | 6   |

|                          |     |
|--------------------------|-----|
| <b>COFFEE &amp; CAKE</b> | 8.9 |
|--------------------------|-----|

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